



中台禪寺美國亞特蘭大分院

法寶寺

2023年(八~十二月)第三十五期
禪修課程及法會活動

日期	內容	時間
8/6,8/13 及 自 9/24 起每週日	法寶一支香 (遇每月法會則暫停)	10:00 am – 11:00 am 無禪修資格限制
每週一 自 09/18 起 20 堂課	英文中級禪修班	07:00 pm – 09:00 pm 需初級禪修班結業
每週二 自 09/19 起 20 堂課	中文中級禪修班	10:00 am – 12:00 pm 需初級禪修班結業
每週三 自 09/20 起 20 堂課	英文高級班(B)	07:00 pm – 09:00 pm 需中級禪修班結業
每週四 自 09/21 起 20 堂課	英文初級禪修班	07:00 pm – 09:00 pm 對佛法及禪修有興趣者
每週六 自 09/23 起 20 堂課	中文高級班(二)	10:00 am – 12:00 pm 需中級禪修班結業
每週六 自 09/23 起 20 堂課	中文初級禪修班	14:00 pm – 16:00 pm 對佛法及禪修有興趣者
每週日 自 09/24 起 20 堂課	兒童禪修班	10:00 am – 11:30 am
9/17 週日	觀音法會暨護法會頒證	09:30 am – 12:30 pm
10/15 週日	八十八佛洪名寶懺法會	09:30 am – 12:30 pm

- 法寶寺禪修班秉持中台山宗風，禪修、教理兼具，指引大眾如何以禪定、智慧來轉化煩惱，將佛法落實於生活中。
- 法師親自指導禪坐，學費全免，歡迎發心贊助。敬邀十方大德，參與禪修。
- 上課服裝：須著寬鬆衣褲及襪子。精舍可代購適合禪修的居士服。

DHARMA JEWEL MONASTERY: 2550 Henderson Mill Road NE. Atlanta, GA 30345

❖ 770-939-5008 ❖ <http://dharmajewel.us/> ❖ email: dharmajewel@ctzen.org



Chung Tai Zen Center of Atlanta
Dharma Jewel Monastery

August – December 2023

Chan Meditation and Buddhism Classes
 & Monthly Events

Date	Class	Time
8/6, 8/13, & Every Sunday from 9/24	One Hour Guided Meditation (Except the Day of Monthly Ceremony)	10:00 am – 11:00 am Open to public
Mondays From 09/18, 20 classes	English Level 2 Meditation Class	07:00 pm – 09:00 pm Level 1 Meditation Class required
Tuesdays From 09/19, 20 classes	Chinese Level 2 Meditation Class	10:00 am – 12:00 pm Level 1 Meditation Class required
Wednesdays From 09/20, 20 classes	English Level 3-B Meditation Class	07:00 pm – 09:00 pm Level 2 Meditation Class required
Thursdays From 09/21, 20 classes	English Level 1 Meditation Class	07:00 pm – 09:00 pm Open to public
Saturdays From 09/23, 20 classes	Chinese Level 3-(2) Meditation Class	10:00 am – 12:00 pm Level 2 Meditation Class required
Saturdays From 09/23, 20 classes	Chinese Level 1 Meditation Class	14:00 am – 16:00 pm Open to public
Sundays From 09/24, 20 classes	Little Jewel Children's Meditation Class	10:00 am – 11:30 am
09/17 Sunday	Guan-Yin Ceremony & Dharma Support Association Awarding Ceremony	09:30 am – 12:30 pm Open to public
10/15 Sunday	Eighty-Eight Buddhas Repentance Ceremony	09:30 am – 12:30 pm Open to public

- All classes are free of charge and open to the public. With your support, our monastery can have an impact and influence in our community.
- Dress code: wear comfortable yet modest attire and socks. Optional meditation clothing may be obtained at the monastery.

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